



Rotary Club of Sonarpur

Rotary District : 3291



PRESIDENT :
Santanu Ghosh

SECRETARY:
Sajal Kumar Dutta



R.I. Club No. 23960 Charter dt. 30.06.1986

RI PRESIDENT:
Kalyan Banerjee

DISTRICT GOVERNOR
Angshuman Bandopadhyay

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The Rotary Foundation moves up in survey of top nonprofit organizations

The Rotary Foundation has moved up 14 places in the *Chronicle of Philanthropy's* annual survey of the top 400 fundraising charities in the United States.

In the survey, based on fiscal year 2010, the Foundation is 61st on the list of charities that raise funds from private sources, compared with 75th the previous year. Funds raised for Rotary's US\$200 Million Challenge contributed to the ranking.

The *Chronicle*, which covers nonprofit news around the world, ranks the fundraising performance of charities based on cash donations, as well as gifts of stock, real estate, art, medicine, food, and other noncash items.

An article published on 16 October provides an overview of the survey and highlights the Foundation's fundraising efforts for polio eradication, particularly among younger donors.

"This is a reflection of yet another outstanding year of fundraising for our Foundation," says John T. Osterlund, Foundation general manager.

The article also notes that Rotaractors raised nearly \$192,000 and Interactors nearly \$274,000 for the challenge over the year.

Osterlund said involving young donors served as a creative fundraising approach and raised significant dollars.

Based in Washington, D.C., the *Chronicle* is considered the top news source for charity leaders, foundation executives, fundraisers, and others involved in philanthropy.

TODAYS SPECEIAL



The regular weekly meeting and a birthday bash will be held in a launch on River Ganges from 6.30 pm onwards today. The event is sponsored by the Birthday Boys PP Rtn Pradip Chowdhury and Rtn Debasish Chakraborty. **HAPPY BIRTHDAY** to both of them

District Reports

"Alokrenu" the District Bijoya Diwali meet on 6th November at Nalbon, Salt Lake was a very successful programme packed with musical extravaganza and fabulous fireworks. Our club had almost 75% attendance in the programme. The Gala evening was attended by many PDGs and district officials

Health Corner

Spices That Can Help You Lose Weight 1. Cinnamon

A 2003 study published in *Diabetes Care* showed that as little as one teaspoon of cinnamon per day can boost the body's weight-loss ability by reducing blood sugar and promoting healthier processing of carbohydrates. It also lowers LDL cholesterol (bad cholesterol) by seven to 27% and total cholesterol by 12 to 26%. Plus, cinnamon has been shown to prevent the metabolic syndrome commonly seen in pre-diabetics. But before you go on piling the spice by spoonful, note that cinnamon contains a chemical called *coumarin*, which can lead to liver damage if consumed in very large amounts.



SNID
on
13th November

District Programme

18th November: Zonal Rotary Institute Inaugural Program at Science City auditorium.

20th November: INTER CITY MEET ON REACH WITHIN. To be held on Sunday from 3 pm onwards at Hotel ITC Sonar followed by High Tea. RI President Kalyan Banerjee, RI Gen. Secretary John Hewko, The Rotary Foundation Trustees and RI Directors will grace the occasion. Registration Card @ Rs. 500/- each is available from my office. All Rotarians, their Family members and Guests are welcome.

24th – 27th November: ICM in Dhaka, Bangladesh
Few seats are still available for our Mission Bangladesh Tour, the details of which has also been mailed to you. We will have joint ICM and Cultural Program at Dhaka and visit to Sunderban and Jessore. The all inclusive package cost is Rs. 15,000/- for 4 days and Rs. 20,000/- for 7 days plus Visa and Tips charges @ Rs.1,000/- each. Please advise interested Rotarians and their Guests to contact PP Rtn. Bilolasha Das (RC Ballygunge) at 98300 72149 or mail to : cititrvl@gmail.com.

3rd December: PROGRAM ON HERITAGE & FAMILY VALUES from 3 pm at Sovabazar Rajbari Nat Mandir near Sovabazar Metro Station and Jaipuria College, the concerned District Committees are organizing a wonderful program to feel the warmth of our rich Heritage and Culture and also the Family Values with participation of Eminent Personalities and excellent cultural programs.

9th December: “Drive Out Polio” - A Car Rally

10th December : PRESIDENT SECRETARY – AG, ZS, CO-ORDINATORS MEET The next very important meet will be held at Rotary Sadan on Saturday, from 6 pm onwards followed by Fellowship and Dinner where we will discuss about our Annual District Conference ANANDAMELA, DGN Election and other forthcoming Programs. Since, it will be a formal meeting, we are not inviting spouses. Registration is Rs. 300/- only including Dinner. Please keep that date free.

Aphorism

Law is a process or a formula; but the soul is the user of process and exceeds formulas.

Sri Aurobinda

Minutes

Meeting no: 1026 dated 04.11.2011
President called meeting no. 1026 to order.
National Anthem led by Rtn. Swapan Pal
Minutes of the last meeting confirmed.

Discussions:

- o President welcomed the members of the club and discussed about the approaching Bijoya Diwali meet. President requested all members to register for the meet.
 - o President informed the members that the visit to our RCC Usthi Janakalyan Samity had been postponed and that the club will actively participate in an annual sports and cultural programme of the RCC and contribute for the prizes.
 - o President informed the members that he along with District Polio committee Chairman, Secretary and President Elect visited Garfa PS for discussing incoming projects like Polio camp, health check up camp etc.
 - o Rtn. Pradeep kr. Choudhury announced that he himself along with Rtn. Debasis Chakraborty will host a fellowship to be followed by dinner on the next meeting day, which happens to be on 11.11.11.
- President handed over the meeting to Secretary Rtn. Sajal Kr. Dutta.
- o Secretary announced the receipt of bulletins from different clubs and handed back the meeting to the President.

Having no other business the President terminated the meeting

Members present: 10

Sunshine collected: Rs.200.00

Four Way Test

Is it the TRUTH ?
Is it FAIR to all concerned?
Will it build GOODWILL and better
FRIENDSHIP?
Will it be BENEFICIAL to all **concerned?**