



Rotary Club of Sonarpur

Rotary District : 3291



PRESIDENT :
Santanu Ghosh

SECRETARY:
Sajal Kumar Dutta



R.I. Club No. 23960 Charter dt. 30.06.1986

RI PRESIDENT:
Kalyan Banerjee

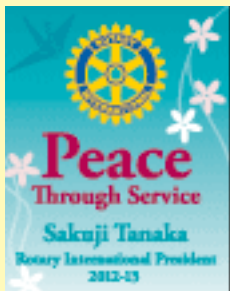
DISTRICT GOVERNOR
Angshuman Bandopadhyay

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'Peace Through Service' is 2012-13 RI theme



By Megan Ferring and Arnold R. Grah
Rotary International News — 16 January 2012

Tanaka unveiled the RI theme during the opening plenary session of the 2012 International Assembly, a training event for incoming Rotary district governors.

"Peace, in all of the ways that we can understand it, is a real goal and a realistic goal for Rotary," he said. "Peace is not something that can only be achieved through agreements, by governments, or through heroic struggles. It is something that we can find and that we can achieve, every day and in many simple ways."

Peace has different meanings for different people, Tanaka said.

"No definition is right, and no definition is wrong," he said. "However we use the word, this is what peace means for us."

"No matter how we use, or understand the word, Rotary can help us to achieve it," he added.

Tanaka, a businessman from the greater Tokyo metropolitan area, shared how becoming a Rotarian broadened his understanding of the world. After joining the Rotary Club of Yashio, in 1975, he said, he began to realize that his life's purpose was not to make more money, but to be useful to other people.

"I realized that by helping others, even in the simplest of ways, I could help to build peace," Tanaka said.

He noted that the Japanese tradition of putting the needs of society above the needs of the individual helped his country rebuild after the tsunami and earthquake in March.

"This is a lesson that I think the whole world can learn from, in a positive way. When we see the needs of others as more important than our own needs — when we focus our energies on a shared goal that is for the good of all — this changes everything," he said. "It changes our priorities in a completely fundamental way. And it changes how we understand the idea of peace."

Tanaka will ask Rotarians to focus their energy on supporting the three priorities of the [RI Strategic Plan](#), he said. He added that he will ask the incoming leaders to promote three Rotary peace forums, to be held in

Hiroshima, Japan; Berlin; and Honolulu, Hawaii, USA. "In Rotary, our business is not profit. Our business is peace," he said. "Our reward is not financial, but the happiness and satisfaction of seeing a better, more peaceful world, one that we have achieved through our own efforts."

District Programme

The Drive - out Polio Car Rally will be held at Saltlake stadium on 5th February 2012 from 8.30 AM onwards. Car registration of the Rally is 1000/- for 2 persons. Free Lunch, breakfast and tea will be served.

The Great Sarobar Run

The Great Sarobar Run is the biggest sporting event to be held in the Rabindra Sarobar premises (as distinct from the Rabindra Sarobar Stadium). The Run for Change event is intended to be a mini-marathon of 10 km open for everyone who wishes to be part of this new era in the history of Rabindra Sarobar and 4 km open to children and veterans. This event will be held on 29 January 2012

Polio Summit 2012

Ministry of Health & Family Welfare, Govt. of India and R.I. is organizing a 2 day Polio Summit 2012 in New Delhi on Feb. 25-26 to take the campaign further and eradicate polio.

DISTRICT SPORTS, RI DISTRICT 3291, 2011-12

February 12, 2012 at Eastern Railway KFR Ground, James Long Sarani Bypass, Near Taratolla, Roy Bahadur

CLUB PICNIC

Members remember Club Picnic is due on 12th February at Ram Mandir Garden Jagatballavpur, Howrah. Members along with Spouse and Children join in numbers. Contact PP Rtn Subrata for details.

Minutes

Meeting no: 1036 dated 13.1.2012

In absence of President Rtn Santanu Ghosh, PP Rtn Dipankar Sen took the chair and presided over the d meeting no. 1036 and called it to order.

National Anthem led by PP Rtn. Rtn. Amal Bhattacharjee

Minutes of the last meeting confirmed.

Discussions:

- o Members appreciated the programme on blanket distribution and discussed about the school kits for the new students of the RCC primary school as requested by the RCC Janakalyan Samity during the programme. Members agreed to fund the kits subject to approval of the board.
- o Acting President Dipankar suggested a programme commemorating World peace and Understanding, involving the our interact, through a Peace March on 24th February. The members suggested for finalizing the same by approving it in the board.
- o Rtn. Sanjay Dasgupta proposed a discussion with the RCC for a continuous project to develop the girl school at Usthi. Members entrusted him to contact the school authority alongwith Rtns. Debashish, Subrata, Gautam and Santanu and to submit a project report.
- o PP Rtn Swapan Paul announced that the next NID on Polio is on 19th February and a two day Polio Summit at New Delhi on 25th and 26th February, he requested the members to join the summit.

Acting President handed over the meeting to club secretary Rtn. Sajal, he announced the Wedding anniversary of PP Rtn Dr. Malay Chatterjee on 24th January.

Having no other business the President terminated the meeting

Members present: 11

Sunshine collected: Rs.220.00

Wedding Anniversary

29th January

Rtn. Sajal Dutta & Ann Sreela

31st January

Rtn. Sanjay Ghosh & Ann Seema

1st February

Rtn. Pradip Chowdhury & Ann Bely

Great Sayings

Be not a traitor to your thoughts. Be sincere; act according to your thoughts; and you shall surely succeed. Pray with a sincere and simple heart, and your prayers will be heard.

Sri Ramakrishna

Health Corner

Super Foods for Keeping your Bones Healthy

Milk

Without a shadow of doubt, milk is the best (and readily available) source of calcium required for proper bone growth. According to the National Institute of Child Health and Human Development (NICHD), low fat or fat-free milk is the best choice as it has high calcium content without the added fat and this facilitates easy absorption of calcium by the body. And it's not just calcium. Milk is also rich in nutrients like potassium, magnesium, riboflavin, phosphorus and Vitamins D, A and B12, all of which are important for healthy bones.

Four Way Test

Is it the TRUTH ?

Is it FAIR to all concerned?

Will it build GOODWILL and better FRIENDSHIP?

Will it be BENEFICIAL to all **concerned?**

POLIO GLOBAL
ERADICATION
INITIATIVE

every  last  child