

Rotary Club of Sonarpur

Rotary District: 3291



PRESIDENT:

Rana Safui

SECRETARY: Gautam Ray COACH

RI PRESIDENT:

Sakuji Tanaka

DISTRICT GOVERNOR:

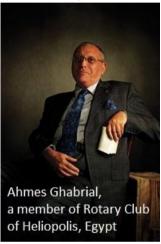
Uttam Ganguli

R.I. Club No. 23960 Charter dt. 30.06.1986

NO. 11 VOL : XXVII 14 Sept. 2012

Man of letters

by Diana Schoberg, The Rotarian -- September 2012



Fifteen years ago, Ahmes Ghabrial traveled to Bangkok to receive training in the concentrated language encounter method, an immersion approach to literacy education that inspired the first large-scale Rotary literacy project, carried out in Thailand in 1987-92.

For practice, Ghabrial taught some local children Arabic, and within one day, they were speaking and reading two dozen words.

"A deputy minister of education came to me and asked if I could teach Arabic there," he recalls. "I said, 'What? I'm training so I can go teach the people in *my* country."

Since he introduced the method in his homeland, it has helped thousands of Egyptians learn to read and write. Now more than 70 Rotary clubs work with the Egyptian government to provide literacy and vocational education to about 1,000 people a year. After completing the classes, participants – the majority of them women – receive official certificates from the government to show future employers.

Ghabrial, a Rotary Foundation Major Donor and a physician, is also chair of the Egypt PolioPlus Committee. "In Egypt, if you go to the countryside, you find people who are really in need," he says. "They don't have a smile on their faces. When you do something for them and they smile at you, that matters more than anything."





CLUB PROJECT REPORT

- 1. In view of outbreak of 'Dengue' in Calcutta and its surroundings, 150 mosquito nets were distributed on 9th September, 2012, through our two RCCs at Sonarpur and Usthi.
- **2.** On 9th September 2012, Club members assembled at the premises of our RCC, Janakalyan Samiti, Usthi, to initiate a MicroCredit programme by distributing funds to self help groups through RCC.

District Programme

27th September: ICM on New Generation at G.D. Birla Sabhaghar

Minutes

Meeting no 1069

Dated 07.09.2012

President, Rtn. Rana Safui called meeting no. 1069 to order. National Anthem led by Rtn. Subrata Das. Minutes of the last meeting confirmed.

Discussions:

- President initiated a discussion on formation of Trust. Name and executive body of the Trust has been finalised. Members have been asked to deposit Rs. 1000.00 for the Trust by 14.09.2012. It has also been decided that the Trust will be registered on 14.09.2012.
- President discussed the preparations for Mosquito net distribution, scheduled for 9th September. It has been decided the distribution will be done at Usthi and Sonarpur on the same day.
- It has been discussed and decided that Rs. 40000.00 will be distributed to Self Help groups through RCC Janakalyan Samity Usthi, under MicroCredit programme on September 2012.
- Members present discussed and decided to postpone Tree Plantation project in view of non availability of saplings as informed by President.
- President discussed with members the scope of the school building renovation and extension project at Ashram Anandam .
- Members of the club discussed the financial status of the club and resolved to issue reminders to the defaulting members.

President handed over the business to Secretary Rtn. Gautam Ray, who announced the receipt of bulletins from neighboring clubs, and upcoming District events. Secretary handed back the meeting to the

Having no other business, President terminated the meeting. Members Present: 10

Sunshine Collected: Rs. 200/-

Four Way Test Of the things we think, say or do

- Is it the TRUTH?
- Is it FAIR to all concerned?
- Will it build GOODWILL and better FRIENDSHIP?
- Will it be BENIFICIAL to all concerned?

QUOTE:

A hundred years from now, it will not matter what kind of car I drove, what kind of house I lived in, how much money I had in the bank, but the world may be a better place

because I made a difference in the life of a child.

Club Programme

21st September: 1. District Governor's Official visit.

Health Corner

White bread myths busted

ANI | Sep 14, 2012, 01.13PM IST

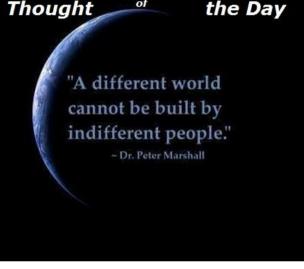
Most of the half-baked warnings about the dangers of eating bread are just myths and people are missing out on vital



vitamins and minerals by removing it from their daily diet, experts have warned. Consumption of bread has fallen after two decades of claims that bread causes bloating, sparks weight gain, and that wheat allergies are on the rise. The research was carried out by nutrition scientist Dr. Aine O'Connor, based at the British Nutrition Foundation in central London.

The study found that standard sliced white bread had been unfairly "demonised" by health campaigners and TV nutritionists. Dr. O'Connor found genuine wheat allergies were not up, only the number of people who incorrectly themselves. diagnosed one "Health professionals need to dispel the

myths. Bread is an important source of nutrition," the Sun quoted her as saying



One day, a little girl is sitting and watching her mother do the dishes at the kitchen sink. She suddenly notices that her mother has several strands of white hair sticking out in contrast on her brunette head.

She looks at her mother and inquisitively asks, "Why are some of your hairs white, mom?"

Her mother replied, "Well, every time that you do something wrong and make me cry or unhappy, one of my hairs turns white."

The little girl thought about this revelation for a while, and then said. "Momma, how come *all* of grandma's hairs are white?"





