



Rotary Club of Sonarpur

Rotary District : 3291



PRESIDENT :
Rana Safui

RI PRESIDENT :
Sakuji Tanaka

SECRETARY:
Gautam Ray

DISTRICT GOVERNOR:
Uttam Ganguli

R.I. Club No. 23960 Charter dt. 30.06.1986

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Indian Rotarians perform corrective surgeries in Nigeria

By Ryan Hyland , Rotary News -- 13 December 2012



The team of 19 physicians -- most of them orthopedic surgeons -- assisted by 6 nonmedical volunteers, performed corrective surgeries on young polio patients ages 1 to 18 at two hospitals in Abuja, Nigeria's capital. The project

was partly funded by a US\$50,000 Rotary Foundation Matching Grant.

The mission also aimed to create awareness of the need for immunizations and of Rotary's efforts to eradicate the disease, says project leader and Past RI President Rajendra K. Saboo.

Nigeria, along with Pakistan and Afghanistan, are the only three countries where polio remains endemic. In February, the World Health Organization removed India from the polio-endemic list.

Reaching across borders

"Many experts predicted that India would be the last country to stop polio. Instead, India was able to beat polio," says Saboo, who is from Chandigarh, Union Territory, India. "Now it is our turn to help the remaining polio-endemic countries by reaching across borders to share our success and strategies."

Through the surgeries, Saboo says, Rotary not only gives hope to young polio victims but also helps build trust and confidence with parents in communities where immunizations are still desperately needed.

"This is a humanitarian project about goodwill and international understanding, but more important, it's about social mobilization and advocacy to reach out to parents of children who are not getting immunized," says Saboo. "If India can do it, so can Nigeria. We have similar problems, similar conditions, and are afflicted by poverty and illiteracy. But we [brought] a message of hope that Nigeria will soon be polio-free."

Rotarian Deepak Purohit, one of 12 orthopedic surgeons on the team, has worked on several similar surgery missions over the last 15 years, including projects in India, Ethiopia, Zambia, and Nigeria.

"Polio-corrective surgeries are a professional passion of mine," says Purohit, a member of the Rotary Club of Panvel, Maharashtra, India. "When the polio deformities are corrected on these children, we give them dignity and normalcy. When they can only crawl coming here and then be able to stand weeks later, we make them feel like normal human beings. This is a great thing we are achieving."

Bone correction

Purohit says the team conducted three types of surgeries: soft tissue repair, bone correction, and tendon replacement. The average recovery time is three to eight weeks, depending on the surgery.

Nigerian Rotarians will follow up to make sure the patients receive the required postoperative care, says Saliu Ahmed, past governor of District 0.9125 (Nigeria).

Top 5 Rotary stories of 2012

The year got off to an exciting start in January when India marked a year without a new case of polio. By February, the World Health Organization had removed India from the list of endemic countries.

Here's a look back at this and other memorable Rotary events of 2012.

1. India polio free

After going an entire year without a new reported case of polio, India was removed from the list of polio-endemic countries by the World Health Organization (WHO). Ghulam Nabi Azad, India's minister of Health and Family Welfare, made the announcement at the Polio Summit 2012 in New Delhi on 25 February.

2. New grant model

Rotary districts have begun qualifying for The Rotary Foundation's new grant model, which goes into effect for all districts on 1 July. For the past three years, 100 pilot districts have been testing this Future Vision model, providing feedback to help the Foundation refine it.

3. RI theme

RI President Sakuji Tanaka unveiled the 2012-13 RI theme, *Peace Through Service*, during the International Assembly in January.

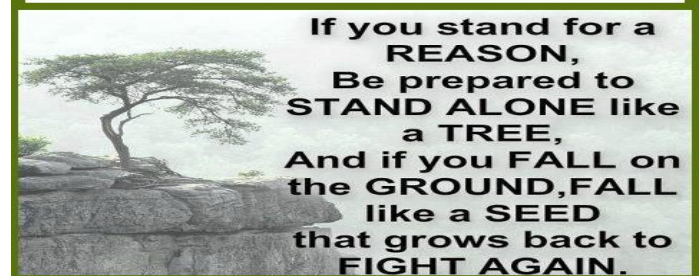
4. 2012 RI Convention

More than 35,000 Rotarians from 181 countries and geographical areas converged on Bangkok, Thailand, in May for the 2012 RI Convention. They celebrated successes in the campaign to eradicate polio (see above), and left with renewed energy to continue the fight against the crippling disease.

5. Interact turns 50; peace centers, 10

Interact clubs and their sponsors around the globe celebrated the program's 50th anniversary during World Interact Week, 5-11 Nov..

THOUGHT OF THE DAY



If you stand for a
REASON,
Be prepared to
STAND ALONE like
a **TREE,**
And if you **FALL** on
the **GROUND, FALL**
like a **SEED**
that grows back to
FIGHT AGAIN.

Four Way Test

Of the things we think, say or do

- Is it the **TRUTH** ?
- Is it **FAIR** to all concerned ?
- Will it build **GOODWILL** and better **FRIENDSHIP** ?
- Will it be **BENEFICIAL** to all concerned ?

We meet every Friday, 7.30pm at Hotel Park Palace, 49/2, Gariahat Road, Kolkata 700019

Minutes

Meeting no 1170

Dated 28.12.2012

President, Rtn. Rana Safui called meeting no. 1170 to order. National Anthem led by guest, Rtn. Debkumar Mitra. President welcomed, Rtn. Debkumar Mitra & Rtn. Rima Chakraborty, members of RC Calcutta Charnock City, to our meeting. Minutes of the last meeting confirmed.

Discussions:

- Members present congratulated Rtn. Sanjay Dasgupta for becoming the President elect for the Rotary Year 2014 - 2015
- Club Secretary Rtn. Gautam Ray informed the members about the approval of District grant for heart surgery of Kid Syd. Sarifuddin from DG's office. Member discussed about Club's financial involvement for the said surgery and decided to fulfill the commitment by 10th January 2013.
- Members of the club discussed the time schedule and other details of the Blanket Distribution project at Jagaran Sangha, Subhashgram, Nutan Pally.
- Members of the club discussed and planned for the 'Family get together & Fellowship' scheduled to be held on 31st December 2012.
- Rtn. Dr. Malay Chatterjee proposed joint meetings with neighbouring clubs. Members consented and decided for a joint meeting in the month of February 2013.
- Members discussed and decided to hold a meeting of the Rotary Club of Sonarpur Welfare Trust by 7th January 2013, for finalising the portfolios and other details.
- Members of the club discussed and decided to co-host a seminar on 'Thalasemia' to be held on 31st December 2012, at 'Triguna Sen' auditorium, Jadavpur University.

On being invited by the President, Rtn. Rima Chakraborty of RC Calcutta Charnock City spoke briefly and thanked our club for the support given in various projects.

President handed over the business to Secretary Rtn. Gautam Ray, who announced the receipt of bulletins from neighboring clubs and upcoming District / Club events. Secretary handed back the meeting to the President after announcing the Birthdays of our members in the following week.

Having no other business, President terminated the meeting.

Members Present: 11

Sunshine Collected : Rs. 220/-

District Programme

- 12th & 13th January 2013 : 'Prashanti', Conference of Peace at Swabhum
- 20th January 2013 : National Immunization Day

"Opportunity is often disguised as loss."
congratulation!!!




Rtn. Sanjay Dasgupta
for becoming
President Elect (2014-2015)



SHE fought from the moment she was attacked. SHE clung to life till the moment her breath left her body. Will SHE be HOPE? Or will she remain the MARTYR of a biased system? Pay your tribute to HER

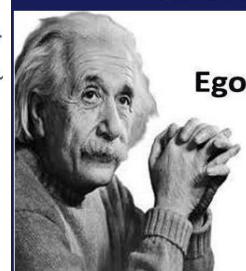
Did You Know?



WIKIPEDIA
The Free Encyclopedia

If Wikipedia were made into a book, it would be 2.25 million pages long and would take you more than 123 years to read.

QUOTE



Ego = $\frac{1}{\text{Knowledge}}$

"More the Knowledge
Lesser the Ego,
Lesser the Knowledge
More the Ego..."

-Albert Einstein.

Health Corner

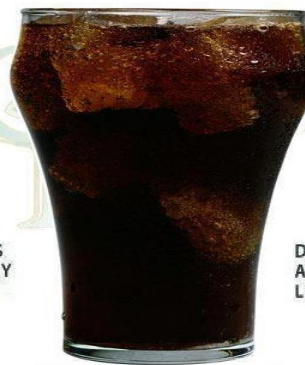
The Harmful Effects Of Drinking Soda

DRINKING SODA
LEACHS CALCIUM

SODA WILL
DISSOLVE YOUR
TOOTH ENAMEL

PH OF SODA =
PH OF VINEGAR

SODA INCREASES
RISK FOR OBESITY
BY 1.6 TIMES



GREATER RISK OF
TYPE 2 DIABETES

UNHEALTHY
DOSES OF
CAFFEINE AND
REFINED SUGAR

RISK OF
OSTEOPOROSIS

DIET SODA CONTAINS
ASPARTAME, A NEURO-
LOGICAL POISON

CLUB PROJECT REPORT



30th December 2012

Venue:
Jagaran Sangha,
Nutanpally
Subhashgram

Beneficiary :

- 1) 50 poor villagers received blankets.
- 2) Hundreds of villagers benefited from the deliberations of Rtn. Dr. Malay Chatterjee who spoke on Cancer Awareness