

Rotary Club of Sonarpur

Rotary District: 3291



PRESIDENT:

Rana Safui

SECRETARY: Gautam Ray

NO. 35



RI PRESIDENT:

Sakuji Tanaka

DISTRICT GOVERNOR:

Uttam Ganguli

R.I. Club No. 23960 Charter dt. 30.06.1986

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Earth Day is held every year on 22^{nd} April to highlight green issues with events being held around the world to demonstrate support for environmental protection. This year over one billion people in 192 countries participated from London to Sao Paolo, Seoul to Babylon City, New Delhi to New York, Rome to Cairo; people everywhere vowed taking action in their communities and helping depict *The Face of Climate Change*.

Gaylord Nelson, then a U.S. Senator from Wisconsin, who was saddened by the 1969 massive oil spill in Santa Barbara, California, dreamt of a mass movement that could nudge people towards thinking about air and water pollution and put environmental protection onto the national agenda.

April 22, 1970, saw the materialization of the Nelson's dream when the first ever Earth Day was celebrated. A staggering 20 million Americans took to the streets to urge fellow human beings to work towards sustainable environment across the country.

The theme of Earth Day 2013 is "The Face of Climate Change" campaigned by the Earth Day organization that seeks to address the massive challenge the climate change presents to the Earth while calling upon the people across the world for uniting to take a decisive action for the cause.

Here are some amazing facts about climate change that most people around the globe are oblivious about:

- 1. The five hottest years on record have all occurred since 1997 and the 10 hottest since 1990. The warmest years on record were 2005 and 2010.
- 2.The United States is home to only about 5 percent of world's total population. But the country contributes to almost 19 percent of the world's carbon emissions. China contributes to 23 percent.
- 3.Deforestation and land use change has contributed to 15 percent of carbon emissions.
- 4.Golden Toad (Bufo Periglenes) is the first documented species becoming extinct only because of climate change. The last one died in 1999. Polar Bear too could vanish from the Earth in 100 years due to rapidly melting ice in the Arctic.

- 5.Personal cars and trucks belonging to U.S. citizens contribute to 20 percent of the United States' carbon emissions.
- 6.In an average American home, half of the entire electricity bill accounts to the use of the air conditioning and heating.
- 7. Hurricanes and tropical storms will become more intense, drought will be increased and the water world will see more coral deaths all because of climate change.
- 8. Climate change has been the reason for an increase in disease-carrying pests that results in the rapid and increased spread of deadly diseases such as West Nile virus, Lyme disease, malaria and dengue fever.

Climate change can seem like a remote problem for our leaders, but the fact is that it's already impacting real people, animals, and beloved places. These Faces of Climate Change are multiplying every day

Rotary brings the world to Lisbon

The "oldest city in Western Europe" will host Rotary's annual international convention featuring the theme "Lisbon - A Harbor for Peace" on 23-26 June, attracting more than 20,000 member registrants from over 150 countries.

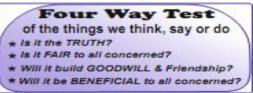
Often described as a "mini-United Nations" because of its global scope and cultural diversity, the always-colorful Rotary International convention is expected to inject around EUR 80 million into the local economy. The area around Pavilhão Atlântico and Feira Internacional de Lisboa will be transformed into a kaleidoscope of energy, color and excitement as Rotary members participate in a broad agenda of plenary sessions, workshops and other activities.

Each year, Rotary strives to make the convention relevant to its host city. The theme "Lisbon – A Harbor for peace" focuses on the significance and history of the Lisbon harbor. "In Rotary's 108 years of humanitarian service, Portugal will host a Rotary Convention for the first time. This will be the biggest convention ever held in Portugal where Rotary members from all over the world will join to embrace the Portuguese universal spirit of understanding and goodwill," said Luis Miguel Duarte, chair of Rotary's Host Organizing Committee. The annual convention will feature success stories, idea exchanges and ways to promote peace through volunteer service.

Rotary's top priority goal is the global eradication of polio, a crippling and potentially fatal disease that still threatens children in Nigeria, Afghanistan and Pakistan. Europe was declared polio free in June 2002, but remains at risk as long as the disease has not been eradicated worldwide.

Rotary launched its polio eradication program in 1985, and in 1988 helped launch the *Global Polio Eradication Initiative*. Rotary club

members in Portugal contributed more than USD \$773,670. and countless volunteer hours to the effort between 1985 and 2012. The Portuguese government supported the cause with USD 1 million during the same period of time.





Meeting no 1183

Dated 19.04.2013

Vice President Rtn. Samir Ray called meeting no. 1183 to order in view of delay by President Rtn. Rana Safui.

National Anthem led by Rtn. Sarbendu Dutta.

Minutes of the last meeting confirmed.

Discussions:

- Nice President enlightened the members present about the progress of the Helping Grant project, 'Renovation & extension of School Building' at Ashram Anandam.
- Secretary Rtn. Gautam Ray mooted a discussion about our incoming project of Distribution of school Kit to the children at Janakalyan Samity Usthi. Budget for the project was finalized.
- Secretary Rtn. Gautam Ray mooted a discussion on award of 'Mrinal Smriti Yearly Scholarship'. Members assigned Rtn Samir Ray to communicate with the Interact school and finalise the eligible candidates for the scholarship.

Vice President handed over the business to Secretary Rtn. Gautam Ray, who announced the receipt of bulletins from neighboring clubs, and upcoming District/ Club events before announcing the Wedding Anniversary of club member. Secretary handed back the meeting to the President.

Having no other business, President terminated the meeting.

Members Present: 9 Sunshine Collected : Rs. 180/Club Programme





Rotary club launches Rs 25.60 lakh 'Gift of vision' project Shimona Kanwar, TNN | Apr 8, 2013, 05.09 PM IST

CHANDIGARH: Rotary Club of Chandigarh launched its Rs 25.60 lakh Gift of vision project which would help provide vitreo-retinal surgery to 160 poor patients.

The Advanced Eye Centre (AEC) at PGIMER and the Grewal Eye Institute are the partners for this project to provide vitreo-retinal surgery to 160 poor children, he added.

Past Rotary International President Rajendra K. Saboo informed that it was in 2007 when this project was first launched in PGI Advance Eye Centre under which 165 vitreo-retinal surgeries have already been completed which also costed approximately Rs 28 lakh. Recently out of the 19 children screened from Saharanpur, two were found fit for restoration of eye sight, and these totally blind children, Roshan Pandey (16) and Piyush(13) were operated at Grewal Eye Institute and are now able to see the world, he informed. District Governor 3080 Manmohan Singh said that this initiative of Rotary Club Chandigarh caters to those economically weaker sections of society who cannot afford the surgery but are able to retain their eye sight, and even light up their world through restoration of eye sight. The vitreo and retinal disorders lead to blindness in considerable number of patients and majority of the patients require surgical treatment apart from medical management. Among the diseases requiring vitreoretinal surgery, retinal detachment, posterior segment, penetrating and perforating eve injuries, and post surgery complications especially cataract surgery are the leading causes.



Health Corner Natural Upset Stomach Remedies By Alyssa Jung

Whether you're gassy, constipated, nauseous, or have indigestion, try these natural remedies to make an upset stomach feel better without medicine.

Carrot and Mint "Juice" Helps an Upset Stomach

The carrot provides nourishment and peppermint soothes your upset stomach. Boil four sliced carrots, four cups of water, and one teaspoon of dried peppermint or one peppermint teabag. Turn the heat to medium-low and cook about 15 minutes or until carrots are soft. If you're using a teabag, remove it, then blend the mixture until smooth and enjoy! You can also add a pinch of ground ginger to further soothe, or a squeeze of lemon juice for flavor.

Rice Tea Alleviates an Upset Stomach

To settle an upset stomach or stop diarrhea, make a rice "tea." Boil 1/2 cup of rice in six cups of water for about 15 minutes. Strain out the rice, then flavor the water with a dash of honey or sugar and drink warm.

Burnt Toast Settles an Upset Stomach

You know that toast is good for an upset stomach, but burnt toast is even better because the char absorbs toxins that are making you feel ill. Add a smear of jelly to make it more palatable.





