



Rotary Club of Sonarpur

Rotary District : 3291



R.I. Club No. 23960 Charter dt. 30.06.1986

PRESIDENT :
Rana Safui

RI PRESIDENT :
Sakuji Tanaka

SECRETARY:
Gautam Ray

DISTRICT GOVERNOR:
Uttam Ganguli

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Library project helps school in India open the door to sustainability

Posted on May 29, 2012 by Rotary International



When the Rotary Club of Elmbrook, Wisconsin, USA, learned the Yercaud TELC School in Tamil Nadu, India, needed a new library it jumped at the opportunity to help. The school, for children from tribal villages, is one of 97 administered by the Arcot Lutheran Church (ALC) School

Project in south India

With the Elmbrook club's support, the school created a library and trained teachers in reading motivation techniques. I can't imagine another school in India where students chattering about their library books sprinkle "Wis-con-sin" into their Tamil conversations and shiver in mock horror when learning about snow and sub-zero temperatures in that part of the United States.

The excitement I've seen when new library books are delivered is palpable. Children immediately start reading out loud and calling out to each other. "I have a book on penguins!" 'Here's *Kabir the Weaver-Poet!*'"

The Rotary Club of Yercaud has contributed school supplies, uniforms, food, a water filter system, and funds to cover fees so students can participate in district reading competitions. Members of the Bangalore chapter of the International Fellowship of Motorcycling Rotarians have also pitched in, delivering much needed warm sweaters. In addition, the Yercaud club arranged for international volunteers to create garden and playground areas, along with other improvements.

To address the school's problem of overcrowding, the Tamil Nadu government supplied matching funds for a new classroom building. The school's headmaster and Yercaud Rotarians developed a proposal for constructing the building, and the Elmbrook club provided seed funding, which spurred contributions from the Yercaud club, ALC School Project and teachers, former ALC students, and friends in the

local community. The new building, with its big windows, bright colors, and a library, has made the school a standout.

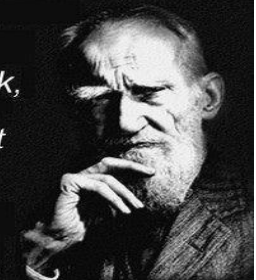
District education officials were so pleased with the project that they joined the Rotarians in helping to provide the school with a toilet block and showers.

What a difference two Rotary clubs 9,000 miles and 11½ time zones apart have made in these children's lives.

Thought of the Day

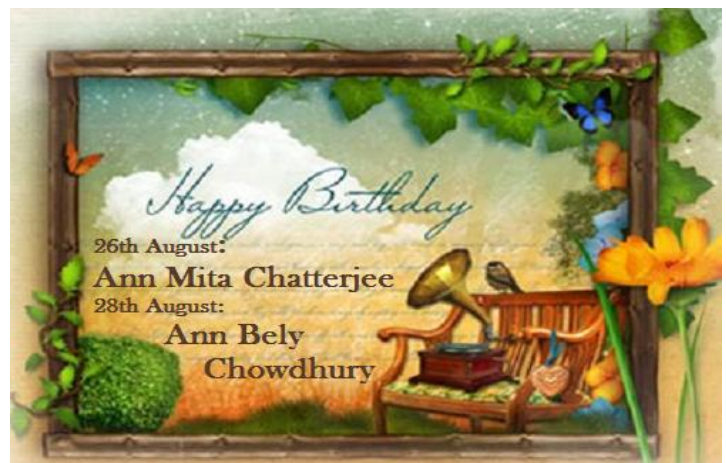
*Two percent
of the people think,
Three percent
of the people
Think they think,
And ninety-five percent
of the people would
rather die than
Think.*

- George Bernard Shaw



District Programme

1. 15th September : ICM on New Generation



We meet every Friday, 7.30pm. at ' HARMONY ', 20A, Kali Mohon Banerjee Lane, Kolkata 700025

Minutes

Meeting no 1066

Dated 17.08.2012

President, Rtn. Rana Safui called meeting no. 1066 to order.

National Anthem led by Rtn. Sanjay Ghosh.

President welcomed Ann Sarbari to our meeting.

Minutes of the last meeting confirmed.

Discussions:

- President thanked the Club members for making the Independence Day programme a success.
- President requested IPP to submit the books of accounts of the Helping Grant Project so that the completion report may be filed with EIRWT.
- President discussed with the Club members about the probable Helping Grant Project that may be taken up. He formed a Committee for the same, headed by Rtn. Sanjay Dasgupta and requested the Committee to visit our ROTA school for evaluating a building repairing / extension project there.
- President requested members to go through the draft of 'Trust Deed' which he will mail to the members in two days time, and prepare for a discussion on 24th August.
- Members of the club discussed and decided to have 'Hilsa Utsav' on 26th August at a Baruipur resort. Club Service Director Rtn. Subrata Das has been assigned to make necessary arrangements.
- Members of the Club discussed and decided to take up the Tree Plantation project with our RCC Usthi Janakalyan Samity, in case they are interested in the project.

President handed over the business to Secretary Rtn. Gautam Ray, who announced the receipt of bulletins from neighboring clubs, and upcoming District events. Secretary handed back the meeting to PP, Rtn. Sarbendu Dutta.

Having no other business, President terminated the meeting.

Members Present: 10

Sunshine Collected : Rs. 200/-

Club Project Report:

On 15th August DG Rtn Uttam Ganguly hoisted National Flag at our Interact school, Ballygunge Vidyalaya & Silpa Sikshayatan in the presence of Dist. Secretary Rtn. Mukul Sinha, District Community Service Director Rtn. Dr. R.D. Dubey, PDG Rtn. K. Chandramohan, PDG Rtn. Debasish Mitra and a host of Members and Anns of our Club. Later he received a Guard of Honour from the students of the school. DG Rtn Uttam Ganguly handed over a Scholarship to a meritorious student of the School before handing over 36 pairs of School benches, a Helping Grant Project, to the School authorities for better sitting arrangement.



Health Corner

Vitamin C can cut harmful effects of air pollution

THE HINDU, Washington, August 19, 2012 (Excerpts)

A diet rich in fruits and veggies may lessen the harmful effects of air pollution for people suffering from chronic lung diseases, researchers suggest.

Researchers looked at London hospital patients with asthma or chronic obstructive pulmonary disease (COPD), and found that those

with low levels of vitamin C had an increased risk of breathing problems on days when outdoor air pollution levels were high.

Antioxidants, such as vitamin C, may protect the body from harmful molecules called free radicals that damage cells. Free radicals can form when air pollution enters the lungs, and evidence suggests they play a

role in heart disease, cancer and even respiratory ailments. Antioxidants can bind to free radicals, counteracting them before they damage cells.

Study researcher Cristina Canova said, "The protective effect of vitamin C was still present after excluding smokers and elderly subjects, implying that the effect of this antioxidant was not explained by smoking or age." However, the study noted that smokers and older people tend to have lower levels of many nutrients than nonsmokers.

The study is published in the July issue of the journal *Epidemiology*.

Four Way Test

Of the things we think, say or do

- Is it the **TRUTH** ?
- Is it **FAIR** to all concerned ?
- Will it build **GOODWILL** and better **FRIENDSHIP** ?
- Will it be **BENEFICIAL** to all concerned ?

Delivering wheelchairs, and hugs, in India



By **Albertine Perre-Bulder**, past governor of District 1570 and National Immunization Day team leader at Moradabad in Uttar Pradesh in February.

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every last child