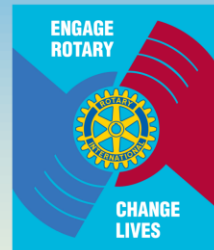


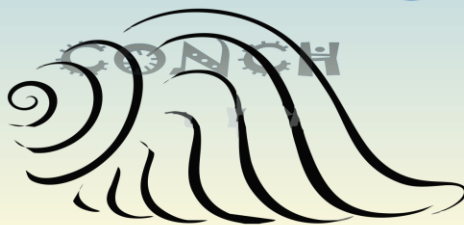


Rotary Club Of Sonarpur

R.I. District - 3291



RI PRESIDENT: RON D. BURTON
PRESIDENT: GAUTAM RAY



DISTRICT GOVERNOR: RAJANI MUKERJI
SECRETARY: DEBASIS CHAKRABORTY

RI CLUB NO. 23960, CLUB CHARTER DATE 30TH JUNE 1986

NO. 3

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19th July 2013

Guatemala Rotarians use global grants to help school children receive a better education

By Daniela Garcia , Rotary News -- 10 June 2013

Unlike their counterparts at some schools in the country, the girls have access to clean water and proper nutrition, and the results are apparent. The girls are able to focus on their studies, and they express an enthusiasm for their education.



"We saw many changes in the kids, in the teachers, and in the community," says Jorge Aufranc, past governor of District 4250 and a member of the Rotary Club of Guatemala Sur. "They appreciate the work that Rotary has done."

A Rotary Foundation global grant implemented by the Guatemala Sur club provided the school with computers and a machine called a mechanical cow, which produces soy milk. The device is made of stainless steel and does not look much like a cow.

Soybeans are put into a funnel at the top, and about 45 minutes later, they have been turned into soy milk and a pulp called okara, which is used in the school's cooking classes. On one recent day, the girls were using the okara to make cookies.

Aufranc's district has used the Rotary Foundation's new grants to help many schools in the area. It took part in the three-year pilot of the new grant system, during which 43 global grants have been undertaken in the district, including five by the Guatemala Sur club. The pilot ends 1 July, and the new grants then become available to all districts.

The Guatemala Sur club began with projects that address needs they deemed critical. For example, one global grant is providing nine rural schools in Sumpango with washing stations, latrines, kitchen equipment, and furniture.

"Everything begins with water," Aufranc says. "If there is no water, we cannot have peace. Where there is a lack of water, there is conflict."

Partnerships are essential

For the grant used at Próximos Pasos, the Guatemala Sur club partnered with clubs from districts 6420 and 6440 (Illinois, USA), as well as Mission Impact and the World Soy Foundation. Aufranc says working with these other organizations is part of what made the grant successful. "You have to involve as many Rotarians as you can, locally and internationally," Aufranc says. "With Future Vision, there has been resistance because people think, 'oh we have to think bigger and bigger.' But that's how you make an impact in a community. You have to think big."

His district's extensive experience with global grants has made Aufranc an advocate of the new grants.

He believes community involvement is essential to any Rotary project. Several of Guatemala Sur's global grants were made possible by the volunteer labor of community members and input from local leaders.

"To have a good project, a sustainable project, you have to involve the community. If the community participates from the beginning, they feel they have ownership of the project, and this helps guarantee sustainability," he explains. "We have to think of it as their project, not ours. It is a project of the community, not a Rotary project."

Mirna Pérez, the principal of Próximos Pasos, also believes involving her community made the project possible. She says keys to success included the sharing of responsibility by Rotarians and community members, good communication, and flexibility.

"We are thankful to Rotary for helping us and bringing change to the lives of our students and the community," Pérez says. "Our communities need more opportunities, and Rotary gives us those opportunities. We utilize everything and we work our hardest to put everything to good use."

QUOTE

"PEOPLE DON'T ALWAYS
NEED ADVICE. SOMETIMES
ALL THEY REALLY NEED IS
A HAND TO HOLD, AN EAR
TO LISTEN, AND HEART TO
UNDERSTAND THEM."

-AUTHOR UNKNOWN



Upcoming Club event

July 21, 2013: Inauguration of renovated and extended school building
Of Ashram Anandam at 10.30 a.m.

July 26, 2013: Seminar on Drug Abuse & Family Meet at 7.30 p.m.
Venue: Hotel Park Palace.

We meet every Friday, 7.30pm at Hotel Park Palace, 49/2, Gariahat Road, Kolkata 700019

Villain Of The Millennium Bows Out



Pran Krishan Sikand, better known as **Pran**, one of the most celebrated villains of Bollywood breathed his last on 12th July at Lilavati Hospital at the age of 93.

Pran started off his career as a photographer, earning a monthly salary of Rs. 200/- per month before taking up his first assignment as an actor in film industry for a monthly remuneration of Rs. 50/- in the year 1939, way before Raj Kapoor, Dev Anand and Dilip Kumar.

Pran acted in 20 films between 1942 & 1946 all of which were released after our Independence in 1947. Seen almost in all Bollywood film of 1960s and 1970s, Pran acted in superhits like Madhumati, Half Ticket & Zanjeer.

Awards and accolades always followed him and he had no dearth of acknowledgment. From national awards to lifetime achievement awards, he probably has one of every conceived award on his shelf, including Padma Bhushan awarded to him in 2001.

Indian born Savita Vaidhyathan Leads Cupertino Rotary Club



The Rotary Club of Cupertino, Calif., has named Savita Vaidhyathan president for the 2013-14 year that began July 1. She is the first Indian American president and the sixth woman president in the club's history.

"My emphasis for this Rotary year," Vaidhyathan said in a statement,

"is to involve and encourage the youth in our community, to encourage consideration of our environment and to keep pace with Silicon Valley."

"We have close to 200 members all sharing a desire to serve. We have done so much, and there is opportunity ahead for sure. Together, we aim to have great impact worldwide."

"Cupertino Rotary embraces diversity," said Cupertino Rotary past president Don Allen. "We have been purposeful in bringing in members who reflect our greater Cupertino community."

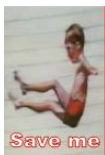
Vaidhyathan moved to Cupertino from India over 20 years ago. After attending classes at De Anza College and receiving an MBA from San Jose State, she worked in the nonprofit sector before becoming active in her daughter's school activities and participating in community service projects.

A member of the Cupertino Chamber of Commerce, Vaidhyathan helped organize the "Diwali, Festival of Lights" celebration in 2005. She is a past member of the board of West Valley Community Services, won a community service award from Monta Vista High School, and is currently a member of the De Anza College Commission and the Cupertino Rotary Endowment board.

At Rotary Club of Cupertino, Vaidhyathan completed three India grant projects by partnering with non-governmental organizations. During her tenure as head of the international services committee, the Rotary Club initiated projects in India, Chile, China, Costa Rica, Cuba, Guatemala, Honduras, Kenya and Mexico. She also chaired club fundraisers, including the Silicon Valley Fall Festival at Memorial Park and the Global Elegance fundraiser for the international programs.



Rtn. Debasis Chakraborty for your sincere efforts & contribution towards the smooth running of the club projects.



Minutes of Meeting

Meeting no. 1195

Dated 12.07.2013

President Rtn. Gautam Ray calls meeting no. 1195 to order

National Anthem led by IPP Rtn. Rana Safui

President welcomes Mr. Mridul Chanda & Mr. Amitava Biswas.

Minutes of the last meeting confirmed.

Discussions

- President initiated discussions regarding letter received from Inner Wheel, Members proposed to discuss the same on 26th July' 2013 during family fellowship.
- Sri Subhronil Banerjee, student of Naktala School presented his progress of studies to members present and the result of his first term.
- President announced the inauguration of renovated and extended Rota School Building at Ashram Anandam to be held on 21st July' 2013 at 10.00 am and requested Rtn. Swapan Paul to invite district dignitaries for the same.
- President proposed to visit Kheadaha Jubak Sangha, who showed interest to become our RCC, on 21st July' 2013,
- Family fellowship along with awareness programme against Drug Abuse scheduled for 19th July, postponed to 26th July' 2013 due to non availability of venue.
- Club Members accepted Mr. Mridul Chanda and Mr. Amitava Biswas as incumbent members of club and decided to induct both of them on 26th July' 2013.
- Members present lauded Rtn. Sanjay Dasgupta for announcing a healthy savings from the fellowship over the past one year.
- President announced collection of a handsome amount in way of donation, by Rtn. Debasis Chakraborty. Members present congratulated and applauded for the effort.

President handed over the business to the Secretary who announced the receipt of letters, bulletin from neighboring clubs and the upcoming District events before handing back the meeting to the President.

There being no other business, President terminated the meeting.

Members present: 11

Sunshine collection: 220

Health Point

GO NUTS FOR YOUR HEART

Eating nuts as part of a healthy diet can be good for your heart. They contain unsaturated fatty acids and other nutrients that can help lower the LDL, or "bad," cholesterol level in your blood. High LDL is one of the primary causes of heart disease.

Even though most fat in nuts is healthy fat, it's still a lot of calories. That's why you should eat them in moderation, 1.5 oz is all you need, just make sure they are not covered with chocolate, sugar or salt.



Four way Test

of the things we think say or do

- Is it the TRUTH? ● Is it FAIR to all concerned?
- Will it build GOODWILL & FRIENDSHIP?
- Will it be BENEFICIAL to all concerned?

