

ROTARY CLUB OF SONARPUR



RI President : Rtn. John F. Germ
President : Rtn. Debasis Chakraborty



District Governor : Rtn. Shyamashree Sen
Secretary : Rtn. Sarbendu Kr. Dutta

RI CLUB NO. 23960, CLUB CHARTER DATE 30TH JUNE 1986

No. 25

Volume : XXXI

5th May 2017

WELLNESS THAT PAYS OFF

Life starts with breathing and it ends with breathing as well. There are enough reasons for our spiritual gurus to stress on breathing. Healthy breathing is a key to sound mind and body. And a sound mind and body is a prerequisite of rich productivity. We can't give our best when our health doesn't support us. Wellness is a major concern these days as fast and competitive life leads us to a plenty of stresses and strains.

International organization like World Health Organization, WHO, initiates programme to promote the wellness of the body and mind and to encourage people to maintain a healthy lifestyle.

True that our busy schedule, long log of the duties, doesn't always allow us to do things we really want to. We often set a regime about health programme and finish it without pursuing the goal.

Our best treasure is our body and mind. When we have lost it nobody will pay off for this, not even our parents or dependants who we are striving to earn for every single day. Individual's health is his own concern. He has to maintain a good health to make things better for himself and the others as well.

This message goes well to our Rotarian friends, and associates. Society expects the best thing from us. We have to cultivate a good health and mind to ensure that. We can be more productive when we are in good health and mind. Likewise, we can give our best when we are more productive. So why not to go for a health regime from this day for a noble purpose?



**D.G. Presenting
PHF Lapel Pin
to our members,
Rtn. Dipankar Sen,
Rtn. Goutam Ray
& Rtn. Sanjay Ghosh.**



**D.G. Rtn. Shyamashree Sen &
Dist. Secretary Rtn. Subhajit Roy
made our club visit on 28.04.2017**

We meet Friday at "Hotel Park Palace"

E-mail : rotaryclubofsonarpur23960@gmail.com

www.rotaryclubofsonarpur.org

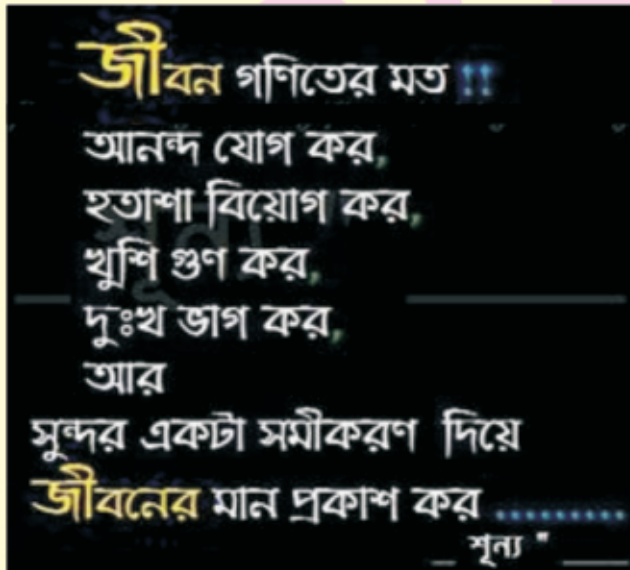
Visit us on

DISTRICT EVENT

• **District Assembly
"PRATIGYA" will be held
on Sunday 14th May
at Hyatt.
Regd. Fee Rs. 2100/-**

CLUB EVENT

**Distribution 2 Nos.
Sanitary Napkin
Vending Machine
at Subhasini Balika Vidyalay
&
Kodialia Girls High School**



একটা সুন্দর রেস্টোরাঁতে ...
কর্তা :- চল, খাবার এসে গেছে টেবিলে,
খাওয়া যাক।
গিনি :- কিন্তু তুমি তো বল, খাওয়ার আগে
ভগবানের কাছে প্রার্থনা করতে!
কর্তা :- সে তো বাড়ীতে, এখানকার রাঁধিয়ে
জানে, কি ভাবে রান্না করতে হয়।

Minutes of Meeting.

Minutes of meeting dated 28/04/2017.

President welcomed all members in The RWM and called meeting No. 1336 to order.

National anthem led by Rtn. Sajal kr. Dutta.

President requested Mrs. Sonali Dutta to present flower bouquet to District Governor Rtn. Shyamashree Sen and President requested Mrs. Puranbi Sarkar to present the flower bouquet to District secretary Rtn. Subhajit Roy.

Members confirmed the last minutes of meeting.

Discussions

- President handed over the meeting to club secretary, he announced the receipt of letters, bulletin from others clubs & district, informed members about upcoming DIST assembly, DIST 'Baishaki adda' and TB seminar, birthday wishes to Mr. Sopnil Das of Rtn. Subrata and handed over meeting to President.

- President expressed his thanks to all for organising and participating the club Projects vocational training on construction machinery operations in association with Primax. 19 participants attended the training, on 22nd April at Harinavi.

- President informed that, Club is organising 2 more sanitary napkin vending machine.

- President handed over club documents to district governor. Requested Rtn Sarbendu to introduce her.

- District governor was introduced by club secretary, she surprised to see the number of projects executed without any grants from district. She appreciated the effort from president Rtn. Debasis and his team.

- IPP Rtn. Sajal Dutta requested DG Rtn shyamashree Sen to present PHF lapel pin to Rtn. Sanjay Ghosh, Rtn. Dipankar Sen, Rtn. Gautam Ray.

- Next Club meeting date will be informed in advance.

- Rtn. Nana Kumar Mukherjee presented vote of thanks.

- There being no other business, president terminated the meeting. Requested members and their family and guest to join in the fellowship and dinner.

Members present 16

Sunshine collected Rs. 320/-

