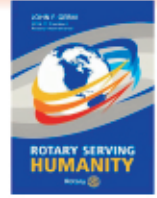


# ROTARY CLUB OF SONARPUR



RI President : Rtn. John F. Germ  
President : Rtn. Debasis Chakraborty



District Governor : Rtn. Shyamashree Sen  
Secretary : Rtn. Sarbendu Kr. Dutta

RI CLUB NO. 23960, CLUB CHARTER DATE 30TH JUNE 1986

No. 27

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Let me tell you how to love all equally. Do not demand anything of those you love. If you make demands, some will give you more and some less. In that case you will love more those who give you more and less those who give you less. Thus your love will not be the same for all. You will not be able to love all impartially.

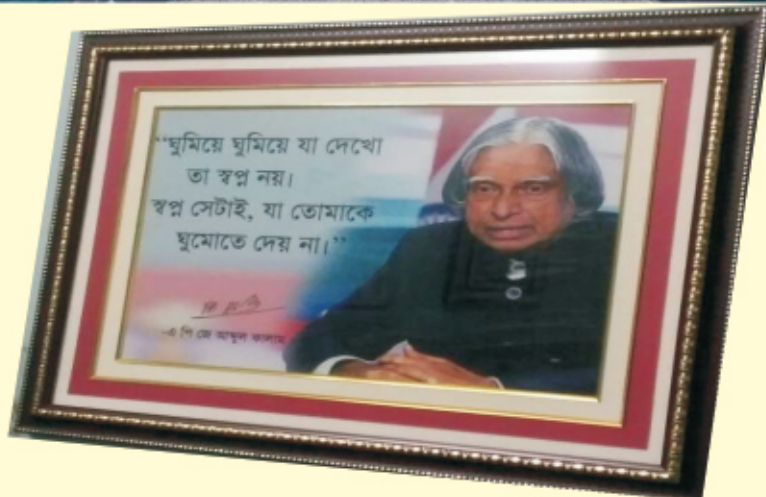
— Sarada Devi —

AZ QUOTES

## To My Dad

Thank you for giving me a firm foundation, guidance and love.

But most of all, thank you for teaching me how to spread my own two arms and fly.



## BEAT THE HEAT

Although summer has its own features to please us with its fruits and fragrance, its major demerit is extreme heat. We like all the yummy fruits the Indian summer offers us. But we are reluctant to adore summer when it comes to extreme heat. The extreme heat wave for a last few days made our daily life miserable.

People get tired, and burn out. Activities get worsen this time. We can arrange air conditioning device at home and work place to escape the sun and heat wave. But we don't get rid of the same in the outdoor activities.

People are found to hangout at the near by park to get cool. They go to take an extra bath in the evening. The thirsty crow forgets to sound ugly while sitting on the branch of the roadside tree. A daily labour, all on a sudden, goes to have a splash or a few drops of water from the nearby water tap offered by our city corporation.

We need watch out the heat stroke this time. To safe guard us we must drink plenty of water and other liquids to keep us hydrated. It's wise to avoid sun, to stay in cool place and to take break frequently amidst the work. Children and elderly people are more at risk to the exposure of the sun and heat wave. We need to pay extra attention to them this time.

Global warming is a burning issue these days. Increase emission of Carbon dioxide along with other Green House gasses boost up the temperature level than that it should be. We must watch out for the Environment issues and take initiatives as individuals and organizations as well.

We meet Friday at "Hotel Park Palace"

E-mail : [rotaryclubofsonarpur23960@gmail.com](mailto:rotaryclubofsonarpur23960@gmail.com)

[www.rotaryclubofsonarpur.org](http://www.rotaryclubofsonarpur.org)

Visit us on



## আশীর্বাদ

কাজী নজরুল ইসলাম



আপনার ঘরে আছে যে শত্রু  
তারে আগে করো জয়,  
ভঙো সে দেয়াল, প্রদীপের আলো  
যাহা আগুলিয়া রয়।  
অনাড়ীর আড়ী করো,  
তোমার বিরাট প্রাণ  
করে না কো যেন কোনোদিন কোনো  
মানুষে অসম্মান।  
সংস্কারের মিথ্যা বাঁধন  
ছিন্ন হোক আগে,  
কবে সে তোমার সকল দেউল  
রাঙিবে আলোর রাগে।

## Happy Anniversary



Rtn. Samir Roy & Ann. Priti Roy  
on 6th June

## Happy Birthday

Rotalets Sreejan Dutta son of  
Rtn. Sarbendu Kr. Dutta  
on 12th, Jun.

## HEALTH TIP

## Watermelon Seed

Health Benefits

Beneficial in combating protein deficiencies  
Seed oil removes sebum, dirt and grease  
Incredible source of magnesium  
Helps in improving male fertility  
Can be used for treating diabetes  
Keep your hair healthy and shiny  
Fatty acids in seeds keep the skin moisturized  
Contain antioxidants and prevent signs of ageing



## Minutes of Meeting

Minutes of meeting dated 19/05/2017

President welcomed all members, Mr. Jatan Paramanik  
of RCC Sishu Kalyan Samity and called  
meeting No. 1338 to order  
National Anthem led by Rtn. Sanjay Dasgupta  
Members confirmed the last minutes of meeting

## Discussions

• President thanked all members present for their whole hearted participation in Sanitary Napkin Vending Machine distribution project at Subhasini Girls high School and Kotalia Girls High School both at Harinavi on 13<sup>th</sup> May'2017.

• As requested by President, Mr. Jatan Paramanik briefed their activities in different area of works in front of members present. He also appealed for school uniform for needy and less privileged school children in that locality with supporting papers. He also appealed for Medical Support for one meritorious student, who is suffering from pain on his lower portion.

• Member present discussed about both the above matter and resolved that uniform will be distributed to students in any suitable time in the month of June'2017. Regarding medical support, a consultation will be done with physician. Rtn. Gautam Ray declared that, he will donate for school uniform. Members present congratulated and applauded for his nice gesture.

• Incoming President, Rtn. Naba Kumar Mukherjee discussed about various district events and also he discussed about COTS for Rotary year 2017-2018.

• President announced Charted day will be celebrated on 30<sup>th</sup> June"2017 with family fellowship and dinner. Venue will be announced later.

• President handed over the meeting to Secretary Rtn. Sarbendu Ku. Dutta, who announced the receipt of letters, bulletin from other clubs & district, birthday wishes of Rtn. Amal Bhattacharjee and handed over the meeting to president.

• President announced that the next Board meeting and RWM will be on 26<sup>th</sup> May"2017.

• There being no other business president terminates the meeting.

Members present 9

Sunshine collected Rs. 180/-

Is it fair to all concerned ?

Is it the truth ?

4 WAY TEST

Will it be Beneficial to all concerned ?

Will it build goodwill &amp; better friendship ?